

DE COURA

TOURIST INFORMATION



TOURIST INFORMATION



MUNICÍPIO DE PAREDES DE COURA

WWW.PAREDESDECOURA.PT



You can have all this information in TPNP TOMIGO Paredes de Coura, available to download in **Google Play** and **APP Store**



PAREDES DE COURA MAP



WHERE TO EAT

Abrigo do Taboão Restaurant

Praia Fluvial do Taboão, Paredes de Coura
GPS: 1.91872466430939 | -8.568971157073975
Contact: 251 782 135

Albergaria Restaurant

Rua Dr. Narciso Alves da Cunha, Paredes de Coura
GPS: 41.910497144775 | -8.5589061603272
Contact: 251 782 450

Arcada Restaurant

Rua Conselheiro Miguel Dantas, Paredes de Coura
GPS: 41.9120528 | -8.560738500001
Contact: 251 782 440

Bom Retiro Restaurant

Ageito, Rubiães
GPS: 41.903529230214 | -8.6226730932541
Contact: 961 256 679

Cantinho da Gina Restaurant

Largo Visconde de Mozelos, Paredes de Coura
GPS: 41.9124558 | -8.5602972
Contact: 251 782 790

Casa do Frei Restaurant

Largo Frei Redento da Cruz, Paredes de Coura
GPS: 41.910334078492 | -8.5607940932541
Contact: 251 098 411

Constantino Restaurant

Nogueira, Cossourado
GPS: 41.907073237085 | -8.6281327202378
Contact: 251 782 390



ACCOMMODATION



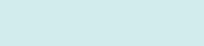
PAREDES DE COURA REGIONAL MUSEUM



HEALTH CENTER



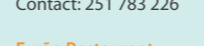
SWIMMING POOL



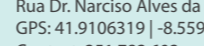
MANOR HOUSE CASA GRANDE



HOLY SPIRIT CHAPEL



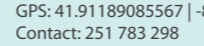
RESTAURANTS



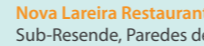
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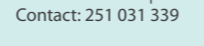
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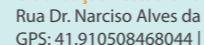
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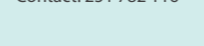
RESTAURANTS



RESTAURANTS



RESTAURANTS



RESTAURANTS



RURAL STORE TOURISM



CAR PARK



TABUÃO RIVER BEACH



SERVICES



COUNTY COUNCILS



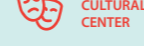
MANOR HOUSE CASA GRANDE



HOLY SPIRIT CHAPEL



RESTAURANTS



MOTHER CHURCH



MOTHER CHURCH



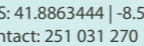
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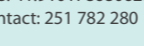
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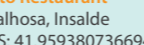
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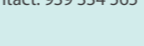
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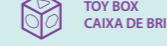
FUEL STATION



PHARMACY



CARAVAN PARK



TOY BOX CAIXA DE BRINQUEDOS



LIBRARY



SECONDARY SCHOOL

PAREDES DE COURA

Hidden almost from sight by a dense forest, which extends up to the sky, Paredes de Coura allows visitors an authentic journey back in time.

In a region rich in archaeological treasures, Coura was a strategic area during the Wars of Restoration between Portugal and Spain (17th century).

Until the middle of the twentieth century, this county was called the "granary of the Minho region" (Celeiro do Minho) and has, to this day, conserved many green areas, a highlight being the Protected Area of Corno do Bico.

But Paredes de Coura does not live in the past and proof of this lies in its festivals: the Paredes de Coura rock festival that takes place every year at the Taboão river beach, the annual International Vegetarian Congress weekend, the Upside-Down World Festival (Festival Mundo ao Contrário - street theatre, mime and music) and the 'Art in Pieces' a Lego event and the international Lego Fan Weekend.

As for gastronomy, Paredes de Coura proudly demonstrates the abundant and succulent cuisine of the Minho region, with specialties such as Coura stew, trout, goat kid, millet porridge, corn biscuits and vegetarian dishes - all made with local fresh produce.

Come and discover the history and rural traditions of this territory with a soul!

USEFUL CONTACTS

EMERGENCY

Firefight Department

Rua Dr. Narciso Alves da Cunha, Paredes de Coura
GPS: 41.910046666658 | -8.5585645404755
Contact: 251 780 300

Police

Avenida Cônego Bernardo Chouzal, Paredes de Coura
GPS: 41.911974705144 | -8.5653984546661
Contact: 251 782 123

CULTURA

Aquilino Ribeiro Library

Largo Beato Frei Redento da Cruz, Paredes de Coura
GPS: 41.91031263 | -8.56135905
Tel. 251 780 113
Monday to Friday 10h00/18h30

Cultural Center

Avenida Cônego Bernardo Chouzal, Paredes de Coura
GPS: 41.911978178208 | -8.5634189844131
Tel. 251 780 124
Tuesday to Sunday 14h00 to 18h00

Regional Museum

Rua Aquilino Ribeiro, Paredes de Coura
GPS: 41.912760894531 | -8.5592883825302
Tel. 251 780 122
Tuesday to Sunday 14h00 to 18h00

SPORT

Sports Pavilion

Rua Pereira da Cunha, Paredes de Coura
GPS: 41.913335739982244 | -8.564470410346985
Contact: 251 780 104

Swimming Pool

Rua Pereira da Cunha, Paredes de Coura
GPS: 41.913335739982244 | -8.564470410346985
Contact: 251 780 102
June, July and August ~ Monday to Friday 9h00/12h30 - 15h30/20h00
Saturday to Sunday 09h00/12h00 - 15h00/19h00
September to May ~ Monday to Friday 9h00/12h30 - 15h30/20h00
Saturday 9h00/13h00

USEFUL INFORMATION

Municipality

Address: Largo Visconde de Moselos
Paredes de Coura
GPS: 41.912079324703 | -8.5599265600495
Contact: 251 780 100

Post Office

Address: Rua Conselheiro Miguel Dantas
Paredes de Coura
GPS: 41.912189956019 | -8.560870885849
Contact: 251 780 500

Tourism Office

Address: Largo Visconde de Moselos
Paredes de Coura
GPS: 41.91229654334 | -8.560149371624
Contact: 251 780 168

HEALTH

Health Centre

Address: Avenida Cónego Bernardo Chouzal
Paredes de Coura
GPS: 41.912909772451 | -8.5647419238342
Contact: 251 780 320

Caçada Pharmacy

Address: Rua Pereira da Cunha, Paredes de Coura
GPS: 41.912652551005 | -8.5635960102081
Contact: 251 782 106

Ribeiro Pharmacy

Address: Rua Conselheiro Miguel Dantas
Paredes de Coura
GPS: 41.911854943792 | -8.560516834259
Contact: 251 782 106

Sousa Pharmacy

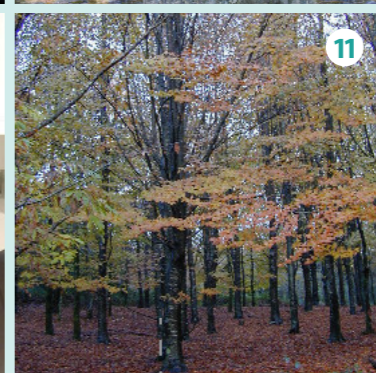
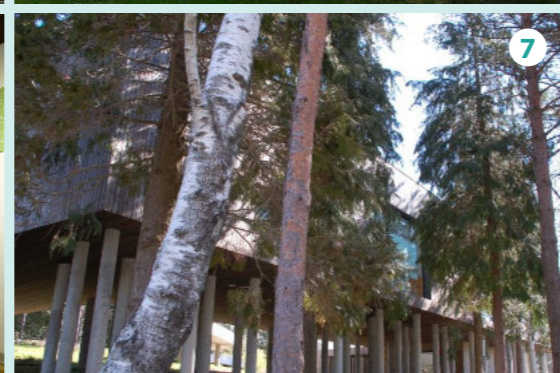
Address: S. Roque, Rubiães
GPS: 41.8888326 | -8.6262202
Contact: 251 943 358

GPS localization available in
TPNP TOMIGO Paredes de Coura
Available to download in
Google Play and APP Store

PAREDES DE COURA MAP



- 1 Community Threshing Floor of Porreiras
- 2 Fortified Settlement of Cossourado
- 3 Roman Bridge of Rubiães
- 4 Romanesque Church of Rubiães
- 5 Regional Museum
- 6 Taboão River Beach
- 7 Environment Education and Interpretative Centre (CEIA)
- 8 Viewpoint
- 9 Toy Box / Caixa de Brinquedos
- 10 Antas milestones
- 11 Protected Landscape of Corno de Bico



WHAT TO VISIT

Community Threshing Floor of Porreiras

Located in a steep plot, the Community Threshing Floor has the typical stone granaries in the region, usually raised from the ground to protect the cereals from being eaten by rodents. GPS: 41.954511537127 | -8.5529637336731

Fortified Settlement of Cossourado

Located in a region rich in archaeological monuments, and occupying a total of 10 hectares, this extremely old settlement is a relevant site of the Castro culture in the Alto Minho region. GPS: 41.915970382059 | -8.637603521347

Roman Bridge of Rubiães

Listed as a public interest building, the Roman Bridge is inserted in the important roman road that connected Bracara Augusta (Braga) to Asturica Augusta (Astorga). GPS: 41.904181509425 | -8.6264187097549

Romanesque Church of Rubiães

Built in 1295, it is integrated into the itinerary of the pilgrims of Santiago and it is classified as a National Monument. In the churchyard one can see a milestone of the military road that linked Braga to Astorga. GPS: 41.896499 | -8.6255160000001

Antas milestones

Interesting set composed of six milestones, all of them classified as National Monuments, around the chapel of St. Bartholomew in Rubiães parish. GPS: 41.8992586 | -8.6430753

Regional Museum

Located in the old Veiga estate, this museum offers an overview of the strong farming traditions of Coura. One can see some farm machinery and an important explanatory set of photographic panels depicting rural life in the late nineteenth century, as well as an interactive exhibition entitled "Digital Printing in the Land of Coura", an archeology room and an old rural house. GPS: 41.912760894531 | -8.5592883825302

Rural Store / Loja Rural

In many of our parishes, the people use old-age traditions in the manufacture of local products. The Rural Store shows and promotes the best of our municipality, with local products made by local people for sale. GPS: 41.91229654334 | -8.560149371624

Taboão River Beach

This river beach is a typical symbol of Paredes de Coura and the perfect combination between natural resources and human interference. The Music Festival of Paredes de Coura is right here! Its most important element is the Coura River, where visitors can enjoy swimming and then rest in a vast green area, ideal for sunbathing or a picnic. GPS: 41.918628865183 | -8.5669755935669

Environment Education and Interpretative Centre (CEIA)

Important infrastructure that develops scientific diffusion actions, EEIC includes areas for research and dissemination of the natural resources of the Protected Landscape of Corno do Bico, including workshops, exhibition hall, auditorium, laboratory and other equipment. GPS: 41.913519370077 | -8.4926784038544

Protected Landscape of Corno de Bico

A natural sanctuary, it is formed by natural, semi-natural, and humanized landscapes, with natural characteristics and values that gives it a special charm in the region and country. This is a mountainous region, and at the top of the hills, visitors can see the "chaotic blocks" in granite, the prevailing rock in the region, giving the landscape a chaotic appearance. GPS: 41.885292 | -8.5226709999999

Viewpoint

Sites of breathtaking views of Paredes de Coura, there are eight viewpoints spread all over the county: S. Silvestre (41.9596097 | -8.5711035) Penedo das Vistas (41.9070531487 | -8.5626077297), Senhora da Pena (41.9305067232 | -8.55322093915), Chá de Bento (41.861069 | -8.535597) Giesteira (41.889258 | -8.508108), Corno de Bico (41.868303 | -8.519208), Alto do Crasto (41.903142 | -8.501603) and Penedo do Rebolinho (41.864256 | -8.550789).

Toy Box / Caixa de Brinquedos

Inviting space for all ages, from children to adults, it is entirely dedicated to LEGO® buildings, where one can see and make their own original buildings, see and build sets, and participate in activities and workshops. GPS: 41.91082075291 | -8.5607421398163